



Mountain
Center
Physical
Therapy

PROex

Physical Therapy

Physical Therapy Orders

- Conway, NH
603-447-2533
- Glen, NH
603-383-7009
- Fryeburg, ME
207-935-7770

- Patient Name _____
- Diagnosis _____
- Secondary Diagnosis/Precautions _____
- X-RAY/MRI/CT Scan, etc. Results _____

EVALUATE AND TREAT

MANUAL THERAPY THERAPEUTIC EXERCISE MODALITIES PATIENT EDUCATION

- | | | | |
|------------------------------------------------|-------------------------------------------------|----------------------------------------|-----------------------------------------------------------------------------|
| <input type="radio"/> Traction | <input type="radio"/> Passive | <input type="radio"/> Moist Heat / Ice | <input type="radio"/> Postural Training |
| <input type="radio"/> Joint Mobilization | <input type="radio"/> Active Assisted / Active | <input type="radio"/> Ultrasound | <input type="radio"/> Functional Training |
| <input type="radio"/> Soft Tissue Mobilization | <input type="radio"/> Work Conditioning Program | <input type="radio"/> Phonophoresis | <input type="radio"/> Gait Training
FWB _____
WBAT _____
NWB _____ |
| <input type="radio"/> Stretching | <input type="radio"/> Resisted / PRE's | <input type="radio"/> Iontophoresis | Devices _____ |
| _____ | <input type="radio"/> Core Stabilization | <input type="radio"/> Bracing | _____ |
| _____ | <input type="radio"/> Proprioceptive Training | <input type="radio"/> Orthotic Fitting | _____ |
| | | _____ | <input type="radio"/> Home Program |

Comments _____

TREATMENT FREQUENCY: 1 2 3 times/week DURATION: 2 wks 4 wks 6 wks 8 wks

I certify that this patient is under my care and requires physical therapy treatment as prescribed above.

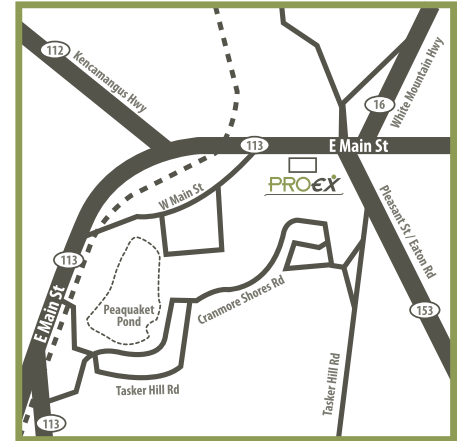
Clinician Signature: _____ Date: _____

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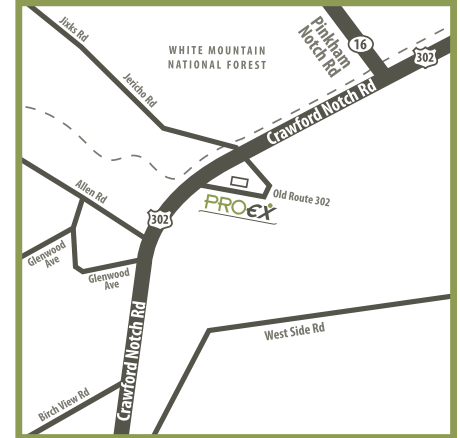
DIRECTIONS

Early morning and evening appointments available. Most insurances accepted.

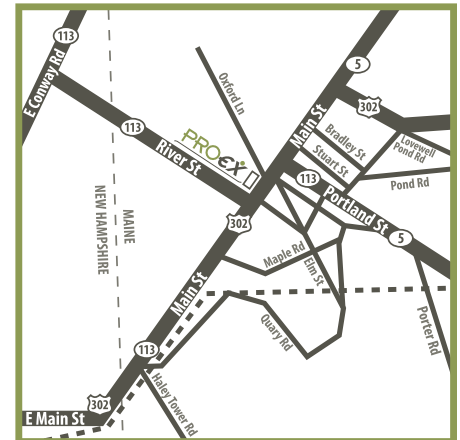
- Conway, NH**
37 Main Street, Conway, NH 03818
phone: 603-447-2533 fax: 603-447-2544
Mon-Thurs (7am-7pm) & Fri (7am-5pm)
From North Conway: Take Route 16 South to Main Street, Conway, NH. Driveway is on left across from Majestic Theater.
From Fryeburg: Take Route 302 West to West Main Street - go through 3 sets of lights. Driveway is on left across from Majestic Theater.
From south of Conway: Take Route 16 North into the Village of Conway, MCPT is located on the right, just across from Majestic Theater.



- Glen, NH**
15 Old Route 302 (PO Box 831), Glen, NH 03838
phone: 603-383-7009 fax: 603-383-7051
Mon-Thurs (7am-7pm) & Fri (7am-5pm)
From North Conway: Take Route 302 West/16 North to the Junction in Glen. Stay straight on 302 and take immediate left into Grants parking lot, we are located next to Citizens Bank.
From Bartlett: Take Route 302 East to the Junction of Route 16 in Glen. Take a right into Grants parking lot, we are located next to Citizens Bank.
From Jackson: Take Route 16 South to the Junction of Route 302 in Glen. Take a right at the lights and immediate left into Grants parking lot, we are located next to Citizens Bank.



- Fryeburg, ME**
658 Main Street, Fryeburg, ME 04037
phone: 207-935-7770 fax: 207-935-7773
Mon-Thurs (7am-7pm) & Fri (7am-5pm)
From North Conway: Take Route 302 East to Main Street, Fryeburg, ME. We are located in the yellow "Poland Springs" building on the left, before the monument at the traffic lights.
From Bridgton: Take Route 302 West to Main Street, Fryeburg, ME. We are located in the yellow "Poland Springs" building on the right, after the monument at the traffic lights.
From Brownfield: Take Route 5/113 North to Main Street, Fryeburg, ME. Take a left at the monument and traffic lights. We are located in the yellow "Poland Springs" building on the right.



Additional Locations:

- Epping, NH (603) 670-3700
- Hampton, NH (603) 926-6878
- Stratham, NH (603) 772-8222
- Boston, MA (617) 542-6999
- Springfield, MA (413) 241-8900
- Woburn, MA (781) 935-2655
- Farmington, CT (860) 284-9780